

# Aspirational Futures Multi Academy Trust



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## Infection Control Policy

Aspirational Futures Multi Academy Trust Wide Policy

April 2025

### Document Control

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## **Contents**

1. [Statement of intent](#)
2. [Legal framework](#)
3. [Ensuring a clean environment](#)
4. [Pupil immunisation](#)
5. [Staff immunisation](#)
6. [Preventing the spread of infection](#)
7. [Vulnerable pupils](#)
8. [Procedures for unwell pupils/staff](#)
9. [Absence](#)
10. [Exclusion](#)
11. [Medication](#)
12. [Outbreaks of infectious diseases](#)
13. [Pregnant staff members](#)
14. [Staff handling food](#)
15. [Managing specific infectious diseases](#)

## **Appendices**

- A. [Managing Specific Infectious Diseases](#)
- B. [Infection Absence Periods](#)
- C. [Diarrhoea and Vomiting Outbreak Action Checklist](#)
- D. [List of Notifiable Diseases](#)

## 1. Statement of intent

This policy aims to help staff prevent and manage infections in school. It is not intended to be used as a tool for diagnosing disease, but rather a series of procedures informing staff what steps to take to prevent infection and what actions to take when infection occurs.

Infections can easily spread in a school due to:

- Pupils' immature immune systems.
- The close-contact nature of the environment.
- Some pupils having not yet received full vaccinations.
- Pupils' poor understanding of good hygiene practices.

Infections commonly spread in the following ways:

- **Respiratory spread** – contact with coughs or other secretions from an infected person.
- **Direct contact spread** – direct contact with the infecting organism, e.g., skin-on-skin contact during sports.
- **Gastrointestinal spread** – contact with contaminated food or water, or contact with infected faeces or unwashed hands.
- **Blood borne virus spread** – contact with infected blood or bodily fluids, e.g., via bites or used needles.

We actively prevent the spread of infection via the following measures:

- Maintaining high standards of personal hygiene and practice
- Maintaining a clean environment
- Routine immunisations
- Taking appropriate action when infection occurs

## 2. Legal framework

This policy has due regard to legislation including, but not limited to, the following:

- Control of Substances Hazardous to Health Regulations 2002 (as amended 2004)
- Health and Safety at Work etc. Act 1974
- The Management of Health and Safety at Work Regulations 1999
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013
- The Health Protection (Notification) Regulations 2010

This policy has due regard to statutory guidance including, but not limited to, the following

- UK Health and Security Agency (2023) 'Health protection in children and young people settings, including education'
- DfE (2015) 'Supporting pupils at school with medical conditions'

This policy operates in conjunction with the following school policies and documents:

- Health and Safety Policy
- First Aid Policy

### **3. Ensuring a clean environment**

#### **3.1. Sanitary facilities**

- Wall-mounted soap dispensers are used in all toilets – bar soap is never used.
- Bins are always made available where disposable paper towels are used.
- Toilet paper is always available in cubicles.
- Suitable sanitary disposal facilities are provided where necessary.
- Pupils who use continence aids, e.g., continence pads and catheters are encouraged to be as independent as possible. Pads are changed in a designated area with adequate handwashing facilities, and disposable powder-free latex gloves and a disposable plastic apron are worn.

#### **3.2. Equipment**

- A written schedule is in place within departments to ensure that equipment is cleaned.

#### **3.3. Handwashing**

- All staff and pupils are advised to wash their hands after using the toilet, before eating or handling food. At periods of high risk, for example COVID-19 pandemic, pupils and staff are requested to wash their hands regularly throughout the day. Additional sanitising stations will be placed around the school and should also be used throughout the day.

#### **3.4. Blood and other bodily fluids**

- Cuts and abrasions are covered with waterproof dressings.
- When coughing or sneezing, all staff and pupils are encouraged to cover their nose and mouth with disposable tissue and dispose of the tissue after use, and to wash their hands afterwards.
- Personal protective equipment (PPE) are worn where there is a risk of contamination with blood or bodily fluids during an activity. Gloves are disposable, non-powdered vinyl or latex and CE (Conformité Européene) marked. If there is a risk of splashing to the face, face coverings are worn.
- Spillages of blood, faeces, saliva, vomit, nasal and eye discharges are cleaned up immediately. They are cleaned using a mixture of detergent and disinfectant. Paper towels or cloths are used, always wearing PPE, and they are disposed of after use.

#### **3.5. Bites**

- If a bite does not break the skin, the affected area is cleaned with soap and water.
- If a bite breaks the skin, the affected area is cleaned with soap and running water, the incident is recorded in the first aid log book and medical advice is sought by a qualified first aider immediately.

#### **3.6. Hypodermic needles (sharps)**

- All sharps found on school premises will be disposed of in the sharps bin wearing PPE.

### **4. Pupil immunisation**

The school keeps up-to-date with national and local immunisation scheduling and advice via [www.nhs.uk/conditions/vaccinations/](http://www.nhs.uk/conditions/vaccinations/).

- Each pupil's immunisation status is checked upon school entry and at the time of any vaccination by the school nurse.
- Whilst the school encourages parents to have their children immunised, parental consent will always be sought before a vaccination is given.
- The school will ensure that any pupils with existing medical conditions are medically cleared to be given the vaccine in question.
- A healthcare team will visit the school in order to carry out vaccinations and will be able to advise pupils if there are any concerns.
- A risk assessment will be conducted before any vaccinations take place.
- Girls aged between 12 and 13 can choose to get the HPV vaccine to protect themselves against some types of cervical cancer. This vaccine comprises two injections given 6-12 months apart.
- All pupils aged 14 will be offered the 3-in-1 teenage booster vaccination to top-up the effects of the pre-school vaccines against diphtheria, polio and tetanus.
- All pupils aged 14 will be offered the MenACWY vaccine as part of the routine adolescent schools programme.
- Any pupils who become unwell after receiving a vaccination will be treated by the healthcare team who administered the vaccine, or by the school nurse, following the school's procedures

for sick and unwell pupils.

- Any side effects from the vaccinations, e.g. becoming unwell, will be reported to the healthcare team who administered the vaccination, allowing them to record the symptoms and the time that the vaccine was administered.
- Regular communication is maintained after pupils return to lessons, as some side effects can take several hours to develop.
- Members of staff will be with pupils before, during and after vaccinations, in order to keep the pupils relaxed and create a calming atmosphere.
- The school will ensure that the venue used is a clean, open, well-ventilated room, where pupils can access water and fresh air.
- Needles are kept away from pupils before and after the vaccine is administered.
- Some vaccinations may involve an exclusion period in which pupils are not required to attend school. The administering healthcare team will provide advice in such cases.

## **5. Staff immunisation**

Staff should be up-to-date with immunisations; in particular, we encourage the following:

- **Hepatitis B:** We do not recommend Hepatitis B vaccines for staff in routine contact with infected children; however, where staff are involved with the care of children with severe learning disabilities or challenging behaviour, we encourage immunisation.
- **Rubella:** Female staff of childbearing age are encouraged to check with their GP that they are immune to the rubella (German measles) virus. If they are not immune, we encourage them to be immunised with the MMR vaccine, except during pregnancy.

## **6. Preventing the spread of infection**

Parents will not bring their child to school in the following circumstances:

- The child shows signs of being poorly and needing one-to-one care
- The child has taken, or needs to take, infant paracetamol, ibuprofen or 'Calpol'
- The child has untreated conjunctivitis
- The child has a high temperature/fever
- The child has untreated head lice
- The child has been vomiting and/or had diarrhoea within the last 48 hours
- The child has an infection and the minimum recommended exclusion period has not yet passed

## **7. Vulnerable pupils**

Pupils with impaired immune defence mechanisms (known as immune-compromised) are more likely to acquire infections. In addition, the effect of an infection is likely to be more significant for such pupils. These pupils may have a disease that compromises their immune system or be undergoing treatment, e.g. chemotherapy, that has a similar effect.

The school nurse will be notified if a child is "vulnerable". Parents are responsible for notifying the school if their child is "vulnerable".

If a vulnerable child is thought to have been exposed to an infectious disease, the child's parents will be informed and encouraged to seek medical advice from their doctor or specialist.

## **8. Procedures for unwell pupils/staff**

Staff are required to know the warning signs of pupils becoming unwell including, but not limited to, the following:

- Not being themselves
- Not having a snack
- Not eating at lunchtimes

- Wanting more attention/sleep than usual
- Displaying physical signs of being unwell, e.g., watery eyes, a flushed face or clammy skin

Where a staff member identifies a pupil as unwell, the pupil should be directed to the school office to be seen by a qualified first aider. The pupil's parents will be informed of the situation and requested to collect their child as soon as possible.

If a staff member becomes unwell they should immediately inform their line manager and the headteacher and make their way home. If they are not fit to make their own way home they should await collection from their designated next of kin.

Qualified first aid staff will:

- Attempt to cool the pupil down if they are too hot, by opening a window and suggesting that the pupil removes their top outer layers of clothing.
- Provide the pupil with a drink of water.
- Ensure the pupil remains in the sick room.
- Ensure there is a staff member available to comfort the pupil.
- Summon emergency medical help if required.

Pupils and staff displaying any of the signs of becoming unwell outlined in 11 will be sent home, and we will recommend that they see a doctor.

If a pupil is identified with sickness and diarrhoea, the pupil's parents will be contacted immediately and the child will be sent home, and may only return after 48 hours have passed without symptoms.

If a staff member is suffering from vomiting and diarrhoea, they will be sent home and may not return until 48 hours have passed without symptoms.

If the school is unable to contact a pupil's parents in any situation, the pupil's alternative emergency contacts will be contacted.

Contaminated clothing;

If the clothing of the first-aider or a pupil becomes contaminated, alternative items of clothing should be sourced and the clothing removed as soon as possible and placed in a plastic bag. The pupil's clothing is sent home with the pupil, and parents are advised of the best way to launder the clothing.



## **9. Absence**

- Pupils suffering from infectious diseases will be instructed to stay at home on medical grounds for the minimum recommended period.
- If parents insist on their child returning to school when the child still poses a risk to others, the school may insist that parents keep their child away from school until the child no longer poses a risk of infection.
- If a pupil is exposed to an infectious disease, but is not confirmed to be infected, this is not normally a valid reason for absence; however, the local health protection team (HPT) may be contacted to advise on a case-by-case basis.

## **10. Exclusion**

Pupils and staff who are showing the symptoms of an infectious disease or have been diagnosed by a health professional or diagnostic test will be advised to stay away from the school for the minimum period recommended, if required, and until well enough.

The school will follow the recommendations of the UKHSA in determining the minimum required period for staff and pupils to stay away from school following an infection, as laid out in appendix B: infection absence periods.

The school will expect parents to agree that, if their child is unwell and has symptoms of an infectious illness, such as a fever, they should not attend the school, given the potential risk to others.

If a parent insists on a pupil with symptoms attending the setting, where they have a confirmed or suspected case of an infectious illness, the school will take the decision to exclude the pupil from school – on medical grounds - if, in the school's reasonable judgement, it is necessary to protect other pupils and staff from possible infection.

For some infections, individuals may be advised to remain away from school for a longer period of time and school will follow any advice received from the local health protection team (HPT).

If a pupil or member of staff is a close contact of someone unwell with an infectious disease, but is not confirmed to be infected, this is not normally a valid reason for exclusion; however, the local HPT may advise on specific precautions to take in response to a case or outbreak.

The school will seek to provide remote education where a pupil is well enough to participate in it.

The school is aware that exclusion may cause challenges for parents due to unexpected time off and that some children may become vulnerable to domestic abuse or neglect during times where they would usually be at school. When recommending exclusion on public health grounds, the school will work with their HPT to consider any adverse effects or hidden harms a pupil may be exposed to by imposing isolation, and staff will be alert and proactive in sharing information as early as possible.

The school is aware that exclusion on public health grounds may cause some pupils or staff members to feel isolated or anxious. In such situations, the school will signpost them to mental health and wellbeing support services.

## **11. Medication**

- Where a pupil has been prescribed medication by a doctor, dentist, nurse or pharmacist, the first dose will be given at home, in case the pupil has an adverse reaction.
- The pupil will only be allowed to return to school 24 hours after the first dose of medication, to allow it time to take effect.

## **12. Outbreaks of infectious diseases**

An incident is classed as an 'outbreak' where:

- Two or more people experiencing a similar illness are linked in time or place.
- A greater than expected rate of infection is present compared with the usual background rate, e.g.:
- Two or more pupils in the same classroom are suffering from vomiting and diarrhoea.
- A greater number of pupils than usual are diagnosed with scarlet fever.
- There are two or more cases of measles at the school.

Suspected outbreaks of any of the diseases listed on the List of Notifiable Diseases will always be reported.

As soon as an outbreak is suspected (even if it cannot be confirmed), the headteacher will contact the HPT to discuss the situation and agree if any actions are needed.

The headteacher will provide the following information:

- The number of staff and children affected
- The number of adults affected
- The symptoms present
- The date(s) the symptoms first appeared
- The number of classes affected

If the headteacher is unsure whether suspected cases of infectious diseases constitute an outbreak, they will contact the HPT.

The HPT will provide the school with draft letters and factsheets to distribute to parents.

The HPT will always treat outbreaks in the strictest confidence; therefore, information provided to parents during an outbreak will never include names and other personal details.

If a member of staff suspects the presence of an infectious disease in the school, they will contact the headteacher for further advice.

If a parent informs the school that their child has an infectious disease, other pupils will be observed for similar symptoms by their teachers and the lead first aider.

A pupil returning to the school following an infectious disease will be asked to contact the lead first aider.

If a pupil is identified as having a notifiable disease, as outlined in the guide to Infection Absence Periods, the school will inform the parents, who should inform their child's GP. It is a statutory requirement for doctors to then notify their local PHE centre.

During an outbreak, enhanced cleaning protocols will be undertaken, following advice provided by the local HPT. The premises manager will liaise with the cleaning contractor to ensure these take place.

### 13. Pregnant staff members

If a pregnant staff member develops a rash, or is in direct contact with someone who has a potentially contagious rash, we will strongly encourage her to speak to her doctor or midwife.

- **Chickenpox:** If a pregnant staff member has not already had chickenpox or shingles, becoming infected can affect the pregnancy. If a pregnant staff member believes they have been exposed to chickenpox or shingles and have not had either infection previously, she will speak to her midwife or GP as soon as possible. If a pregnant staff member is unsure whether they are immune, we encourage them to take a blood test.
- **Measles:** If a pregnant staff member is exposed to measles, she will inform her midwife immediately. All female staff under the age of 25, who work with young children, are asked to provide evidence of two doses of MMR vaccine or a positive history of measles.
- **Rubella (German measles):** If a pregnant staff member is exposed to rubella, she will inform her midwife immediately. All female staff under the age of 25, who work with young children, are asked to provide evidence of two doses of MMR vaccine or a positive history of Rubella.
- **Slapped cheek disease (Parvovirus B19):** If a pregnant staff member is exposed to slapped cheek disease, she will inform her midwife promptly.

### 14. Staff handling food

Food handling staff suffering from transmittable diseases will be excluded from all food handling activity until advised by the local Environmental Health Officer that they are clear to return to work. Both food handling staff and midday assistants are not permitted to attend work if they are suffering from

diarrhoea and/or vomiting. They are not permitted to return to work until 48 hours have passed since diarrhoea and/or vomiting occurred, or until advised by the local environmental health officer that they are allowed to return to work.

The school will notify the local Environmental Health Department as soon as we are notified that a staff member engaged in the handling of food has become aware that they are suffering from, or likely to be carrying, an infection that may cause food poisoning.

Food handlers are required by law to inform the school if they are suffering from any of the following:

- Typhoid fever
- Paratyphoid fever
- Other salmonella infections
- Dysentery
- Shigellosis
- Diarrhoea (where the cause of which has not been established)
- Infective jaundice
- Staphylococcal infections likely to cause food poisoning like impetigo, septic skin lesions, exposed infected wounds, boils
- E. coli VTEC infection
- 'Formal' exclusions will be issued where necessary, but employees are expected to provide voluntary 'off work' certificates from their GP.

#### **15. Managing specific infectious diseases**

When an infectious disease occurs in the school, we will follow the appropriate procedures set out in the Managing Specific Infectious Diseases appendix.

## Managing Specific Infectious Diseases

Disease	Symptoms	Considerations	Exclusion period
Athlete's foot	Scaling or cracking of the skin, particularly between the toes, or blisters containing fluid. The infection may be itchy.	Cases are advised to see their GP for advice and treatment.	Exclusion is not necessary.
Chicken pox	Sudden onset of fever with a runny nose, cough and generalised rash. The rash then blisters and scabs over. Several blisters may develop at once, so there may be scabs in various stages of development. Some mild infections may not present symptoms.	Cases are advised to consult their GP.	Chickenpox is infectious from 48 hours prior to a rash appearing up to five days after the onset of a rash.  Cases will be excluded from school for five days from the onset of a rash.  It is not necessary for all the spots to have healed before the case returns to school.
Cold sores	The first signs of cold sores are tingling, burning or itching in the affected area. Around 24 hours after the first signs appear the area will redden and swell, resulting in a fluid-filled blister. After blistering, they break down to form ulcers then dry up and crust over.	Cases are advised not to touch the cold sore, or to break or pick the blisters. Sufferers of cold sores should avoid kissing people and should not share items such as cups, towels and facecloths.	Exclusion is not necessary.
Conjunctivitis	The eye(s) become reddened and swollen, and there may be a yellow or green discharge. Eyes may feel itchy and 'gritty'.	Cases are encouraged to seek advice, wash their hands frequently and not to rub their eyes.  The HPT will be contacted if an outbreak occurs.	Exclusion is not necessary.
Coronavirus	A new, continuous cough, a high temperature and a loss of, or change in, sense of smell or taste are the main symptoms of coronavirus.	Cases will be sent home and advised to self-isolate for 7 days and encouraged to get a coronavirus test.  The local HPT will be contacted if an outbreak occurs.	Cases will be required to self-isolate at home for 7 days if they live alone, or 14 days if they live with others.
Food poisoning	Symptoms normally appear within one to two	Cases will be sent home.	Cases will be excluded until 48 hours

Disease	Symptoms	Considerations	Exclusion period
	days of contaminated food being consumed, although they may start at any point between a few hours and several weeks later. The main symptoms are likely to be nausea, vomiting, diarrhoea, stomach cramps and fever.	<p>The HPT will be contacted where two or more cases with similar symptoms are reported.</p> <p>The cause of a food poisoning outbreak will always be investigated.</p>	<p>have passed since symptoms were present.</p> <p>For some infections, longer exclusion periods may be required. The HPT will advise in such cases.</p>
Giardia	Symptoms include abdominal pain, bloating, fatigue and pale, loose stools.	<p>Cases will be sent home.</p> <p>The HPT will be contacted where two or more cases with similar symptoms are reported.</p>	Cases will be excluded until 48 hours have passed since symptoms were present.
Salmonella	Symptoms include diarrhoea, headache, fever and, in some cases, vomiting.	<p>Cases will be sent home.</p> <p>The HPT will be contacted where two or more cases with similar symptoms are reported.</p>	Cases will be excluded until 48 hours have passed since symptoms were present.
Typhoid and paratyphoid fever	Symptoms include tiredness, fever and constipation. The symptoms of paratyphoid fever include fever, diarrhoea and vomiting.	All cases will be immediately reported to the HPT.	<p>Cases will be excluded whilst symptomatic and for 48 hours after symptoms have resolved.</p> <p>Environmental health officers or the HPT may advise the school to issue a lengthened exclusion period.</p>
E. coli (verocytotoxigenic or VTEC)	Symptoms vary but include diarrhoea, abdominal cramps, headaches and bloody diarrhoea.	Cases will immediately be sent home and advised to speak to their GP.	<p>Cases will be excluded whilst symptomatic and for 48 hours after symptoms have resolved.</p> <p>Where the sufferer poses an increased risk, for example, food handlers, they will be excluded until a negative stool sample has been confirmed.</p> <p>The HPT will be consulted in all cases.</p>

Gastroenteritis	Symptoms include three or more liquid or semi-liquid stools in a 24-hour period.	The HPT will be contacted where there are more cases than usual.	Cases will be excluded until 48 hours have passed since symptoms were present.
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Disease	Symptoms	Considerations	Exclusion period
			<p>If medication is prescribed, the full course must be completed and there must be no further symptoms displayed for 48 hours following completion of the course before the cases may return to school.</p> <p>Cases will be excluded from swimming for two weeks following their last episode of diarrhoea.</p>
Bacillary dysentery (Shigella)	Symptoms include bloody diarrhoea, vomiting, abdominal pain and fever. It lasts four to seven days on average, but potentially several weeks.	The school will contact the HPT.	Microbiological clearance is required for some types of shigella. The HPT will advise.
Campylobacter	Symptoms include diarrhoea, headache, fever and, in some cases, vomiting.		Cases will be excluded until 48 hours have passed since symptoms were present.
Cryptosporidiosis	Symptoms include abdominal pain, diarrhoea and occasional vomiting.		Cases will be excluded until 48 hours have passed since symptoms were present.
Glandular fever	Symptoms include severe tiredness, aching muscles, sore throat, fever, swollen glands and occasionally jaundice.	The sufferer may feel unwell for several months and the school will provide reasonable adjustments where necessary.	Exclusion is not necessary, and cases can return to school as soon as they feel well.
Hand, foot and mouth disease	Symptoms include a fever, reduced appetite and generally feeling unwell. One or two days later, a rash with blisters will develop on cheeks, hands and feet. Not all cases will have symptoms.		Exclusion is not necessary, and cases can return to school as soon as they feel well.

Head lice	Other than the detection of live lice or nits, there are no immediate symptoms until two to three weeks after infection, where itching and scratching of the scalp occurs.	<p>Treatment is only necessary when live lice are seen.</p> <p>Staff are not permitted to inspect any pupil's hair for head lice.</p> <p>If a staff member incidentally notices head lice in a pupil's hair, they will inform the pupil's parents and advise them to</p>	Exclusion is not necessary.
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Disease	Symptoms	Considerations	Exclusion period
		<p>treat their child's hair.</p> <p>When a pupil has been identified as having a case of head lice, a letter will be sent home to all parents notifying them that a case of head lice has been reported and asking all parents to check their children's hair.</p>	
Hepatitis A	Symptoms include abdominal pain, loss of appetite, nausea, fever and tiredness, followed by jaundice, dark urine and pale faeces.	The illness in children usually lasts one to two weeks, but can last longer and be more severe in adults.	<p>Cases are excluded while unwell and for seven days after the onset of jaundice (or the onset of symptoms if no jaundice presents), the case is under five years of age or where hygiene is poor.</p> <p>There is no need to exclude older children with good hygiene.</p>
Hepatitis B	Symptoms include general tiredness, nausea, vomiting, loss of appetite, fever and dark urine, and older cases may develop jaundice.	<p>The HPT will be contacted where advice is required.</p> <p>The procedures for dealing with blood and other bodily fluids will always be followed.</p> <p>The accident book will always be completed with details of injuries or adverse events related to cases.</p>	<p>Acute cases will be too ill to attend school and their doctor will advise when they are fit to return.</p> <p>Chronic cases will not be excluded or have their activities restricted.</p> <p>Staff with chronic hepatitis B infections will not be excluded.</p>

Hepatitis C	Symptoms are often vague but may include loss of appetite, fatigue, nausea and abdominal pain. Less commonly, jaundice may occur.	<p>The procedures for dealing with blood and other bodily fluids will always be followed.</p> <p>The accident book will always be completed with details of injuries or adverse events related to cases.</p>	Cases will not be excluded or have their activities restricted.
Impetigo	Symptoms include lesions on the face, flexures and limbs.	Towels, face cloths and eating utensils will not be shared by pupils.	Cases will be excluded until lesions have healed and crusted or 48 hours after commencing antibiotic treatment.

Disease	Symptoms	Considerations	Exclusion period
		Toys and play equipment will be cleaned thoroughly.	
Influenza	Symptoms include headache, fever, cough, sore throat, aching muscles and joints, and tiredness.	<p>Those in risk groups will be encouraged to have the influenza vaccine.</p> <p>Anyone with flu-like symptoms will stay home until they have recovered.</p> <p>Pupils under 16 will not be given aspirin.</p>	Cases will remain home until they have fully recovered.
Measles	Symptoms include a runny nose, cough, conjunctivitis, high fever and small white spots around the cheeks. Around the third day, a rash of flat red or brown blotches may appear on the face then spread around the body.	<p>All pupils are encouraged to have MMR immunisations in line with the national schedule.</p> <p>Staff members should be up-to-date with their MMR vaccinations.</p> <p>Pregnant staff members and those with weak immune systems will be encouraged to contact their GP immediately for advice if they come into contact with measles.</p>	Cases are excluded for four days after the onset of a rash.
Meningitis	Symptoms include fever, severe headaches, photophobia, stiff neck, non-blanching rash, vomiting and drowsiness.	Meningitis is a notifiable disease.	Once a case has received any necessary treatment, they can return to school.



Meningococcal meningitis and meningitis septicaemia	Symptoms include fever, severe headaches, photophobia, stiff neck and a non-blanching rash.	<p>Medical advice will be sought immediately.</p> <p>The confidentiality of the case will always be respected.</p> <p>The HPT and school health advisor will be notified of a case of meningococcal disease in the school. The HPT will conduct a risk assessment and organise antibiotics for household and close contacts.</p> <p>The HPT will be notified if two cases of</p>	<p>When the case has been treated and recovered, they can return to school.</p> <p>Exclusion is not necessary for household or close contacts unless they have symptoms suggestive of meningococcal infection.</p>
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Disease	Symptoms	Considerations	Exclusion period
		Meningococcal disease occur in the school within four weeks.	
Meningitis (viral)	Symptoms include headache, fever, gastrointestinal or upper respiratory tract involvement and, in some cases, a rash.	<p>The case will be encouraged to consult their GP.</p> <p>If more than one case occurs, the HPT will be consulted.</p>	No exclusion is required.
Methicillin resistant staphylococcus aureus (MRSA)	Symptoms are rare but include skin infections and boils.	All infected wounds will be covered.	No exclusion is required.
Mumps	Symptoms include a raised temperature and general malaise. Then, stiffness or pain in the jaws and neck is common. Following this, the glands in the cheeks and under the jaw swell up and cause pain (this can be on one or both sides). Mumps may also cause swelling of the testicles.	<p>The case will be encouraged to consult their GP.</p> <p>Parents are encouraged to immunise their children against mumps.</p>	Cases can return to school five days after the onset of swelling if they feel able to do so.
Ringworm	Symptoms vary depending on the area of the body affected.	Pupils with ringworm of the feet will wear socks and trainers at all times and cover their feet during physical education.	<p>No exclusion is usually necessary.</p> <p>For infections of the skin and scalp, cases can return to school once they have received treatment.</p>

Rotavirus	Symptoms include severe diarrhoea, stomach cramps, vomiting, dehydration and mild fever.	Cases will be sent home if unwell and encouraged to speak to their GP.	Cases will be excluded until 48 hours have passed since symptoms were present.
Rubella (German Measles)	Symptoms are usually mild, with a rash being the first indication. There may also be mild catarrh, headaches or vomiting. There may be a slight fever and some tenderness in the neck, armpits or groin, and there may be joint pains.	MMR vaccines are promoted to all pupils.	Cases will be excluded for six days from the appearance of the rash.
Scabies	Symptoms include tiny pimples and nodules on a rash, with burrows commonly seen on the wrists, palms, elbows, genitalia and buttocks.	All household contacts and any other very close contacts should have one treatment at the same time as the second treatment of the case.  The second treatment must not be missed and should be carried out one week after the first treatment.	Cases will be excluded until after the first treatment has been carried out.

Disease	Symptoms	Considerations	Exclusion period
Scarlet Fever	Symptoms include acute inflammation of the pharynx or tonsils, with tonsils reddening in colour and becoming partially covered with a thick, yellowish exudate. In severe cases, there may be a high fever, difficulty swallowing and tender, enlarged lymph nodes. A rash develops on the first day of fever and is red, generalised, pinhead in size and gives the skin a sandpaper-like texture, with the tongue developing a strawberry-like appearance.	Antibiotic treatment is recommended, as a person is infectious for two to three weeks if antibiotics are not administered.  If two or more cases occur, the HPT will be contacted.	Cases are excluded for 24 hours following appropriate antibiotic treatment.
Slapped cheek syndrome, Parvovirus B19, Fifth's Disease	Where symptoms develop, they include a rose- red rash making the cheeks appear bright red.	Cases will be encouraged to visit their GP.	Exclusion is not required.
Threadworm	Symptoms include itching around the anus, particularly at night.	Cases will be encouraged to visit their GP.	Exclusion is not required.

Tuberculosis (TB)	Symptoms include cough, loss of appetite, weight loss, fever, sweating (particularly at night), breathlessness and pains in the chest. TB in parts of the body other than the lungs may produce a painful lump or swelling.	Advice will be sought from the HPT before taking any action, and regarding exclusion periods.	<p>Cases with infectious TB can return to school after two weeks of treatment if well enough to do so, and as long as they have responded to anti-TB therapy.</p> <p>Cases with non-pulmonary TB, and cases with pulmonary TB who have effectively completed two weeks of treatment as confirmed by TB nurses, will not be excluded.</p>
Whooping cough (pertussis)	Symptoms include a heavy cold with a persistent cough. The cough generally worsens and develops the characteristic 'whoop'. Coughing spasms may be worse at night and may be associated with vomiting.	Cases will be advised to see their GP. Parents are advised to have their children immunised against whooping cough.	<p>Cases will not return to school until they have had 48 hours of appropriate treatment with antibiotics and feel well enough to do so, or 21 days from the onset of illness if no antibiotic treatment is given.</p> <p>Cases will be allowed to return in the above circumstances, even if they are still coughing.</p>

## Infection Absence Periods

This table details the minimum required period for staff and pupils to stay away from school following an infection, as recommended by [UK Health Security Agency](#).

\*Identifies a notifiable disease. It is a statutory requirement that doctors report these diseases to their local PHE centre.

Infection	Recommended minimum period to stay away from school	Comments
Athlete's foot	None	Advise cases to visit their local pharmacy or GP for advice and treatment. Individuals should not be barefoot at their setting e.g. in changing areas) and should not share towels, socks or shoes with others.
Chicken pox	Until all vesicles have crusted over	Pregnant staff contacts should consult with their GP or midwife.
Cold sores	None	Avoid contact with the sores.
Conjunctivitis	None	Advise cases to visit their local pharmacy or GP for advice and treatment. If an outbreak occurs, consult the HPT.
Coronavirus	Until fully recovered and no other member of the same household is presenting symptoms (7 days if living alone, 14 days if living with others)	If coronavirus is suspected, consult the local HPT.
Diarrhoea and/or vomiting	Whilst symptomatic and 48 hours from the last episode	GPs should be contacted if diarrhoea or vomiting occur after taking part in water-based activities.
Diphtheria*	Exclusion is essential.	Family contacts must be excluded until cleared by the HPT and the HPT must always be consulted.
Flu (influenza)	Until recovered	Report outbreaks to the HPT.

Infection	Recommended minimum period to stay away from school	Comments
Glandular fever	None	
Hand foot and mouth	None	Contact the HPT if a large number of children are affected. Exclusion may be considered in some circumstances.
Head lice	None	Treatment recommended only when live lice are seen.
Hepatitis A*	Seven days after onset of jaundice or other symptoms	If it is an outbreak, the HPT will advise on control measures.
Hepatitis B*, C* and HIV	None	Not infectious through casual contact. Procedures for bodily fluid spills must be followed.
Impetigo	48 hours after commencing antibiotic treatment, or when lesions are crusted and healed	Antibiotic treatment is recommended to speed healing and reduce the infectious period.
Measles*	Four days from onset of rash and well enough	Preventable by vaccination (MMR). Follow procedures for vulnerable children and pregnant staff.
Meningococcal meningitis*/ septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination.  The HPT will advise on any action needed.
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination. The HPT will advise on any action needed.
Meningitis viral*	None	As this is a milder form of meningitis, there is no reason to exclude those who have been in close contact with infected persons. The local HPT should be consulted.

Infection	Recommended minimum period to stay away from school	Comments
MRSA	None	Good hygiene, in particular environmental cleaning and handwashing, is important to minimise the spread. The local HPT should be consulted.
Mumps*	Five days after onset of swelling	Preventable by vaccination with two doses of MMR.
Respiratory infections including coronavirus (COVID-19)	Cases should not attend if they have a high temperature and are unwell. Cases who have a positive test result for COVID-19 should not attend the setting for 3 days after the day of the test.	Cases with mild symptoms such as runny nose, and headache who are otherwise well can continue to attend.
Ringworm	Exclusion is not usually required	Treatment is required.
Rubella (German measles)	Five days from onset of rash	Preventable by two doses of immunisation (MMR). Pregnant staff contacts should seek prompt advice from their GP or midwife.
Scarlet Fever* and Invasive group A Streptococcal Disease	24 hours after commencing antibiotic treatment	Antibiotic treatment is recommended, as a person is infectious for two to three weeks if antibiotics are not administered. If two or more cases occur, the HPT should be contacted.
Scabies	Can return to school after first treatment	The infected person's household and those who have been in close contact will also require treatment at the same time.
Slapped cheek/Fifth disease/ParvoVirus B19	None (once rash has developed)	Follow procedures for vulnerable children and pregnant staff.
Threadworms	None	Treatment recommended for the infected person and household contacts.
Tonsillitis	None	There are many causes, but most causes are virus-based and do not require antibiotics.
Tuberculosis (TB)	If pulmonary TB - until at least 2 weeks after the start of effective antibiotic treatment. Exclusion not required for non-pulmonary or latent TB infection.	Only pulmonary (lung) TB is infectious. It requires prolonged close contact to spread. Consult the local HPT before disseminating information to staff and parents. The HPT will organise any necessary contact tracing.

Warts and verrucae	None	Verrucae should be covered in swimming pools, gymnasiums and changing rooms.
Whooping cough (pertussis)*	Two days from commencing antibiotic treatment, or 21 days from the onset of illness if no antibiotic treatment is given	Preventable by vaccination. Non-infectious coughing can continue for many weeks after treatment. The HPT will organise any necessary contact tracing.

## Diarrhoea and Vomiting Outbreak Action Checklist

<b>Date:</b>	
<b>Completed by:</b>	

Action	Action taken?		Comments
	Yes	No	
A 48-hour exclusion rule has been enforced for ill pupils and staff.			
Individuals with symptoms have been kept in an area away from communal areas where they can be observed until the parent collects them.			
Liquid soap and paper hand towels are available at all hand wash basins.			
Enhanced cleaning is undertaken twice daily as a minimum, and an appropriate disinfectant is used.			
Advice has been given on the cleaning of vomit, e.g. steam cleaning carpets and furniture and machine hot washing of soft furnishings.			
Appropriate disposable personal protective equipment (PPE) is available.			
Appropriate waste disposal systems are in place for removing infectious waste.			
Appropriate spill kit is in place. Staff wearing appropriate PPE when dealing with spills, which will be removed and disposed of quickly.			
Hard toys are cleaned and disinfected on a daily basis, and their use is limited and rotated.			
The use of soft toys, water and sand play, and cookery activities has been suspended.			



<b>Infected linen is segregated, and dissolvable laundry bags are used where possible.</b>			
<b>Visitors are restricted, and essential visitors are informed of the outbreak and advised on hand washing.</b>			
<b>New pupils joining the affected class or year group are delayed from joining.</b>			
<b>The health protection team (HPT) has been informed of any infected food handlers.</b>			
<b>Staff work in dedicated areas and food handling is restricted where possible.</b>			
<b>All staff (including agency) are asked if they are unwell and excluded for 48 hours if unwell.</b>			
<b>Staff work in dedicated areas where possible.</b>			
<b>Trays of fruit/snacks covered until point of serving. Snacks served in individual bowls handed directly to pupils.</b>			
<b>Drink bottles clearly labelled with names.</b>			
<b>The HPT is informed of any planned events at the school.</b>			

## **List of Notifiable Diseases**

Under the Health Protection (Notification) Regulations 2010, the following diseases will always be reported to the health protection team (HPT):

- Acute encephalitis
- Acute meningitis
- Acute poliomyelitis
- Acute infectious hepatitis
- Anthrax
- Botulism
- Brucellosis
- Cholera
- COVID-19
- Diphtheria
- Enteric fever (typhoid or paratyphoid fever)
- Food poisoning
- Haemolytic uraemic syndrome (HUS)
- Infectious bloody diarrhoea
- Invasive group A streptococcal disease and scarlet fever
- Legionnaires' disease
- Leprosy
- Malaria
- Measles
- Meningococcal septicaemia
- Mumps
- Plague
- Rabies
- Rubella
- SARS
- Smallpox
- Tetanus
- Tuberculosis
- Typhus
- Viral haemorrhagic fever (VHF)
- Whooping cough
- Yellow fever